

RSB Seminars™ on “Martial Twei Na” Joint Twisting & Breaking Skills

From the RAPID SKILL-BUILDING SEMINAR SERIES ©



Presented by:

Tom Garriga, President of the TANG WEI MARTIAL ARTS INSTITUTE

The Rapid Skill Building Seminars® are designed for the novice as well as the advanced martial artist. Training will focus on developing highly effective skills through unique drills learned in this seminar. These skills are an adjunct to any style of martial art and will improve your effectiveness in combative situations. Tom is one of the most respected and knowledgeable Masters in the martial arts world. Please see our website for more details. www.tangwei-martialarts.com

Location:

Salt Lake Community College
9750 South 300 West, Sandy, Utah

Date & Times:

SATURDAY, JUNE 12TH, 2010

Morning Session: 9:00 AM to 12:30 PM. **Afternoon Session:** 1:30 PM to 5:00 PM.

MARTIAL TWEI NA, “The Art of Joint Twisting and Breaking”, is a set of skills that predate Chin Na, Aikido and Jujitsu. **Twei Na is an extremely aggressive art with devastating results. This esoteric style has not been taught to the public in over 120 years!** Twei Na skills are used in conjunction with kicks, punches, strikes and other weapons. Whether standing or on the ground, Twei Na will show you how to deal with being hit, grabbed, choked, pinned down, tackled, and other types of assaults. In the **Morning Session** we will focus on applying Twei Na techniques while standing and the training in the **Afternoon Session** will concentrate on ground fighting situations.

Please join us for this outstanding event!

Cost:

Pre-registration (by June 9th) Price: \$75.00 for One Session or \$125.00 for Both Sessions

Admission at the door without pre-registration: \$100.00 per Session

Contact:

To Register contact Tom Garriga – Email: tom@tomgarriga.com or call: (801) 558-9435